

FREEDOM PRESS

October 9th, 2023 - Issue 4



Photo by: Allyra Castillo

Photo of: Isabela Ballera, Nishita Polamarasetty, Brielle Poore, Sakshi Tripathy, Jarin Tasnim, Meaghan Li, Abigail Overberger, Ekaterina Constantino, Guilherm Coppola

Beach Wear Spirit Day!

Freedom Press Follow Us!



@freedompressnews



Freedom Press - FHS student newspaper



NEWS

Celebrating Hispanic Heritage Week

By: Franco Pocaterra



(Photo of: Angelica Gonzalez-Nunez / Photo by: Allyra Castro)

The week of Monday, September 25th is Hispanic Heritage week here at Freedom High School presented by the Latinos In Action group. This week allowed all the Hispanic students here at Freedom to show off their country's pride. Throughout the week there were dress up and trivia days.

On Monday the dress up day was wearing your favorite Hispanic sports team jersey or the colors. The cultural exhibition during lunch was that there were some things from each country's culture in the courtyard. On Tuesday there was no dress up day but the Latinos in Action students were walking around both lunches asking questions for some candy in return. Wednesday's dress up day was wearing the colors of your countries flag. Many students wore blue, red and yellow for Colombia and green and yellow for Brazil, amongst many other vibrant colors representing their country's flags. During lunch there was a table in the courtyard that had a bunch of delicious hispanic food and drinks from different countries. Thursday was dressing up as a Hispanic artist. During lunch the LIA students had some traditional hispanic games to play. On Friday LIA hosted a bingo during lunch with a chance to win a Chick-Fil-A gift card!

Hispanic Heritage Week was a great opportunity for all the hispanic students at the school to show off all the beautiful cultures of the different hispanic countries.

COLLAGE



Photos By: Allyra Castillo

FEATURES

Discussing The Wonders of AP Physics with Mr. Madhavan

By: Elizabeth Robbins

Freedom High School offers many exciting courses, including AP Physics! The information and skills you learn in AP Physics can help you in future careers and other classes. Physics is a very intellectual subject and requires adequate thinking skills. AP Physics is a great class to take for anyone interested in learning more about physics!

Our Freedom High School AP Physics teacher, Mr. Santosh Madhavan, makes taking AP Physics courses a special experience. Mr. Madhavan has a lot of experience teaching the subject, having taught in many countries including India, China, Qatar, and Bahrain. On top of teaching in many countries, he has also visited many places. Mr. Madhavan has visited 21 different countries and all 50 states. In these travels he's flown on a total of 58 different airlines. He is very passionate about physics. Mr. Madhavan said, "I think physics is the most elegant product of human thought."

There are three different AP Physics courses offered at Freedom High School. AP Physics 1 is based on Algebra and requires a prerequisite of Algebra. Mr. Madhavan said, "AP Physics 1 is about the mechanical world around us with emphasis on conceptual development of physical laws."

One of the other courses offered is AP Physics C Mechanics. This course has more of a focus on mechanics and uses calculus to elaborate on these ideas. The third course offered is AP Physics Electricity and Magnetism. Mr. Madhavan said, "AP Physics C Electricity & Magnetism is all about charges; the ideas culminate in the principles of wireless devices." Calculus AB is a prerequisite course for both AP Physics C Mechanics and AP Physics C Electricity and Magnetism.

People interested in many different careers would benefit from taking AP Physics. Some of these careers include engineers, pilots, architects, and

FEATURES

-scientists. Mr. Madhavan said, “Anyone planning a career in medical sciences should take physics in high school.” The physics section of the MCAT is the hardest part, so it helps to know the core ideas of physics that you can get from taking an AP Physics course.

Mr. Madhavan said, “I try to develop a conceptual understanding of physics so that the ideas are part of a student’s way of thinking.” By doing this, Mr. Madhavan makes it easier for students to understand why things in physics are the way they are. This gives them an advantage when taking the AP Physics exam at the end of the year.

If you’re interested in taking an AP Physics course, don’t worry about how well you did in other science classes. The skill sets for different science classes are different. Mr. Madhavan said, “If you have a decent skill in math and good thinking skills, sign up. Physics will take you on an intellectual ride.” Many people believe that AP Physics is hard because you have to use math, and while it does use math, it’s more about how things that happen in your everyday life affect the way math is used. Mr. Madhavan said, “If you understand how nature works, you have a better appreciation of it [AP Physics].” You should consider an AP Physics course when deciding your classes next year!

FEATURES

Calling All Mathematicians!

By: Samantha Villanueva

For those who seek to pursue their passion for mathematics, the Math Honors Society, sponsored by the AP Pre-Calculus and Finance teacher, Ms. Abbey Shipman, is one of the best opportunities granted in Freedom High School to excel in your talent of mathematics. Students who contribute to the club include the President, Sharanya Chatterjee, the Vice President, Sebastian Santa, the Secretary, David Hernandez, the Treasurer, Sabrina Medfu, and lastly, the Historian, Maryam Mikhaeli.

Some activities to expect from the club are “an opportunity to tutor their peers on campus” says Ms. Shipman, as well as math competitions the club participates in against other schools. Other than that, the club also offers guidance, practice, and prep for SAT, ACT, and PSAT, and of course “math talk” where students are put in groups to assist others with work, as stated by Ms. Shipman.

If you think that these activities appeal to you, the requirements to join the club are an overall 3.5 unweighted GPA in all high school math courses, or a 4.0 weighted GPA in all math courses, and an overall GPA of 2.0. Other than meeting the GPA requirements, a student who is inclined to join the club should want to tutor peers. Members of the club also have to meet a requirement of tutoring hours each quarter if they would like to continue being a member. Having a required number of hours is aimed at helping students not only help them do math but also “communicate math.”

The purpose of the club is to not only assist those who have a desire to improve their mathematical skills but also to create a safe and non-judgmental environment to help peers. Hoping to encourage students to join, Ms. Shipman points out that “it can be scary for students to show up and ask for help... [but] I think you will hear nothing but wonderful things.”

Continuing the Math Honors Society is mainly motivated by Ms. Shipman’s

FEATURES

-drive to help students and see “all the great things that were happening,” but also felt it was important to step into the role that was previously occupied by her friend Mrs. Outlaw. Not only that but “being in a room filled with math sounded like an amazing opportunity” for her.

The Math Honors Society meets in Room 539 every Tuesday and Thursday from 2:20 p.m. to 3:30 p.m. They also have business meetings on the 3rd Monday of every month, but the next business meeting is on October 23rd.

Club Shoutout!

Asian Student Association (ASA)

- | | |
|-------------------------------------------------------------------------------------------------|------------------------------|
| -Sponsor: Ms. Villaruel | -Officers: |
| -Room: 422 | President: Angelina Dong |
| -Activities: Presentations on Asian countries, play games, eat food, and hang out with friends! | Vice President: Karina Ann |
| -Requirements: None! Anyone can join regardless of ethnicity! | Secretary: Samuel Lin |
| | Treasurer: Kristina Dy |
| | Historian: Allyra Castillo |
| | Representative: Shanelle Han |
| | Master of Arms: Emma Cruz |
| | Liaison: Althea Medenilla |

If you'd like for your club to have a shoutout, check the Freedom Press Instagram and reply to our Insta story! @freedompressnews

SPORTS

Talking with Ms. Kline, Coach of the Girls Weightlifting Team!

By: Rodrigo Suarez

“We are a young new team and I feel that a lot of girls have a chance to make it to Districts and moving on to Regionals”, is what Coach Kristy Kline said after being asked how she sees the team for this season, and we can’t blame her. After the team’s great season last year, it’s expected for her to have high standards for the team in this campaign.

Every great campaign needs great preparation, which will start on Monday, October 9. About 3 weeks later, the season will kick off on Wednesday, November 1. The new players will have to adapt to this new team, something that will undoubtedly give more depth to the squad, and in the long run we will see how the new players fit. Although weightlifting is an individual sport, it is also very important to have a great team by your side.

This team it’s all about leadership, so much so they have the luxury of having two captains, which are: Jumana Sunderlin and Yesenia Bestard, who will try to be the pillars of this young team. An advantage that these girls have is that Freedom High is the only school, or one of the few, to offer an all-girls weightlifting class; something the team can take advantage of. From the Journalism class, we wish good luck and an excellent season to each of the girls.